AUNG 2020 CHECKLIST

2020 is your year.

| Don't go more than 3 days without exercising |
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| Drink enough water everyday |
| Go for my annual health checkups |
| Set relationship goals for important people |
| Call a friend/family member each day |
| Keep a persomal CRM (HubSpot has a good one) |
| Make sure to keep a 3-6 months emergency fund |
| Never miss a credit card payment |
| Take steps to get out of debt |
| Do a fixed monthly investment |
| Take constructive feedback positively |
| Get a mentor! |
| Start a morning routine, and keep it going |
| Purge anything you haven't used in a year |
| Invest some of your time/money to help others |